

BREAKFAST STARTER KIT



MACRO PACK INCLUDES

- 3 3-pack meal prep containers
- 3 Bowl meal prep containers
- carbohydrate food list
- protein food list
- fats food list
- portion recommendations for your specific body type
- 3 sample recipes

GO TO WWW.BEMORETHANFIT.COM AND TAKE OUR BODY TYPE QUIZ TO LEARN MORE AND PURCHASE THIS PACK